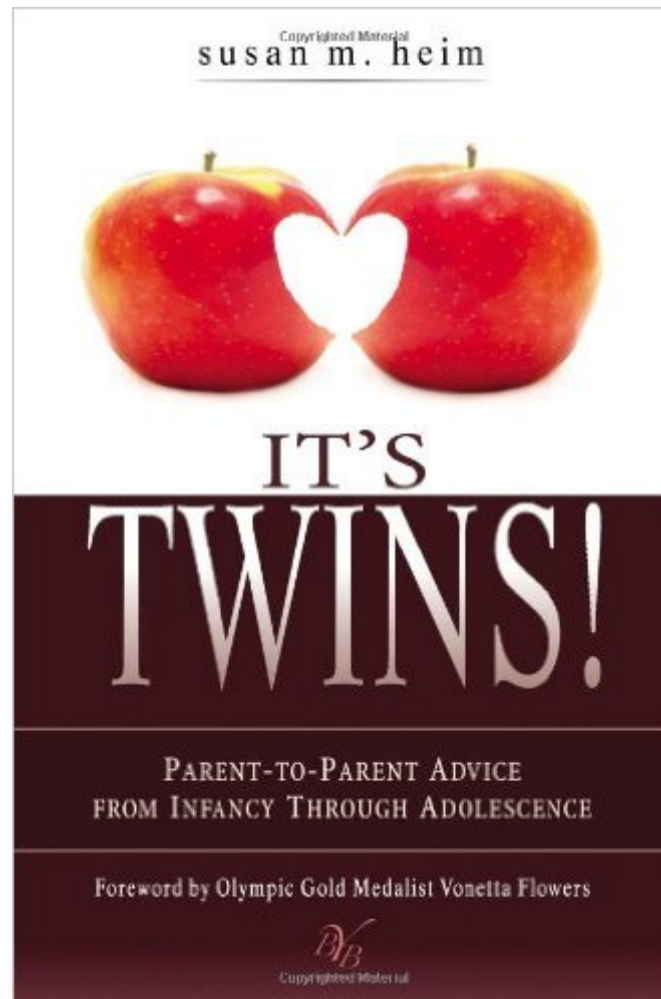


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# It's Twins!: Parent-to-Parent Advice From Infancy Through Adolescence



## Synopsis

Raising any child is a challenge, but what happens when they come as a pair? As any parent of multiples will tell you, sometimes only talking with another parent who's been there can get you through the difficult times and help you to cherish the moments that make twins truly "double the love." In this complete guide to raising multiples from infancy through the high-school years, Susan M. Heim, a mother of twins herself, offers the insight and advice that only a mother of multiples can give. It's Twins! arms parents with the information they need, from decisions about breast-feeding versus formula and classroom placement, to dispelling myths about twins and ensuring equal treatment while fostering individuality and combating competitiveness. Best of all, It's Twins! outdoes all those "dry" parenting manuals by offering chatty, bite-size bits of real-world wisdom and experiences from other moms and dads at various stages of twin-rearing, making this guide not just informative but entertaining as well.

## Book Information

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## Customer Reviews

It's been 17 years since my twin sons were born, and reading It's Twins! brought back many memories of those early years when I wasn't sure if I was going to make it through another day. Now I can laugh when I read other women's stories about trying to breastfeed twins, or answering those weird questions ("But they don't look alike at all--are you sure they're twins?"), or trying to go grocery shopping with two babies. I could go on and on, but I don't have to--this book says it all. The author's experience as an editor for the series, Chicken Soup for the Soul, is reflected here, since

the book contains stories by different people at different stages in their parenting journey. I could have written some of the stories in this book, which showed me that my experiences were not unusual, even if I thought they were at the time. I would have welcomed this book when my boys were young, just to show me others went through the same things that I did. There is also plenty of general child-rearing advice, making it an all-purpose parenting book--very useful when you don't have much time to spend reading. Throughout the book are "Points to Ponder," questions related to the topics just covered, with space to write a few lines. For those of us who are already journaling, these questions are wonderful prompts to help us write about our experiences as a mother of twins. One of the most valuable pieces of advice in the book comes in the toddler and preschooler section, where Heim says, "Respect each child's individual differences. Emphasize each child's strengths. And don't allow one twin to dominate the relationship to the detriment of the non-dominant twin."

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